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SOME
OBSERVATIONS

Made upon the

Banellas,

Imported from the *INDIES*:

SHEWING

Their Wonderful Virtues in Curing
Melancholly and Distraction.

Written by a Physitian in the Countrey to
Dr. *Allen*, one of the *Royal Society* at *London*.
R. F. Allen

L O N D O N,

Printed in the Year 1694.

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Their Wonderful Virtues in Curing
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SIR,

I Have a Friend at *London*, whose Son is under your Care for the Cure of his Melancholly : I am glad he is under the Management of so Experienced a Physician. I hear you have Blooded him several times, and shaved his Head, and Blistered

A 2 him,

him, and given him many Purges, which I believe are very proper : I beg leave to recommend an Admirable Specifick in this Distemper, and that is the *Banella's* which come to us from the *Indies*, a Tincture, Spirit and Extract drawn out of them are of excellent Use in this young Man's Case.

They have been often tryed, and found serviceable, when other Means and Methods have failed : They wonderfully chear the Heart, and relieve the Animal Spirits, when oppress'd with Hypochondriacal Fumes from the Spleen. They refine the Blood, and clear the Brain, and disperse Melancholly Winds and black Humours, which if let alone would end in distraction.

A Minister about Fifty Years of Age, a Grave, Serious and Devout Man, who fell into profound Melancholly, occasion'd by hard Study and deep thoughts about the Prophetical part of Scripture, relating unto the future State of the Church. He could remember whole Nights wherein he had not
 slept,

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slept, and whole Weeks wherein he had not Dined : He had been let Blood several times in the Jugular Veins with a Lancet, and in the Hemorroide Veins with Leaches ; his Head shaved, and Anointed with Cephalick Oyls ; he had been Vomitted and Purged very often, and taken Mineral Waters, but all in vain ; at length I gave him the *Banella* Mixture in Whey for one Month, and he is perfectly Recover'd, and Preaches very judiciously and vigorously, to the great Satisfaction of his Auditory.

A young Gentlewoman who had a very great Respect for a Person whom her Relations had no good Opinion of, being unwilling to Disoblige her Friends, and yet desirous to comply with her own Inclinations, she fell into great Melancholly, and that slower'd her Blood, and caused Obstructions, and altered the whole Habit of the Body, and brought her into a Consumptive languishing Condition : Much Advice was taken for her, and many Methods prescribed by Learned Physitians, at length she was told
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of this Specifick Mixture, and took it three Months together in Spaw-Waters, and sometimes in Purging Waters, and she is now in a good State of Health of Body, and enjoys great Tranquility of Mind.

A Gentleman of a tender Mind and Religious Disposition, upon the Breach of a Vow and Scruples of Conscience, was attended with great Melancholly, which at length degenerated into a Maniacal Distemper of the Brain, wherein the Spiritous Parts of the Nervous Juice being debased, and the Saline parts exalted, and brought to a Fluor, which being mixed with Sulpherous Particles, derived from feculent Blood, at length produced delirous Phantasms and depraved Imaginations, which perverted his Understanding, and qualified him for *Bedlam* every Full Moon; and indeed which made him the more subject to Relapses into his Distemper, was its being somewhat Hereditary on the Mothers side; yet notwithstanding this frequent returns, and great Rage and Disorder of the Animal Spirits, this Person was Cured by

by the use of the Mixture, and now continues cloathed in his right Mind, to the Praise of the Omnipotent Physitian.

An Ancient Gentlewoman, whose Husband fell into a Decay in his Estate, was much disappointed thereby, and hereby her Mind much disturbed, which totter'd her Understanding, which at some certain times put her upon very unseemly extravagant Actions and Discourses, very disagreeable unto her former Pious and Prudent Behaviour, to the great Grief of her Children, and other Relations. Much Advice was taken, and all to no purpose ; at length I resolved to give her the Specifick Mixture of the Spirit, Tincture and Extract drawn out of the *Banellas* Bean ; for its shape it resembles a *French* Bean, and contains a Seed as that doth, and was much used in Chocolate, but being dear, is frequently left out of late, as the Makers of it tell us. I gave this Gentlewoman Morning, Noon and Night 30 Drops of this Mixture at a time, she took it in small Beer six Months, and thro' God's Mercy it brought her

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her to the free Exercise of her Reason. I
could give many more Examples if it were
needfull.

FINIS.
